Learn to button

Children typically begin a fascination with buttons around 2 years of age and are able to button and unbutton large buttons between 3-4 years. The task of buttoning requires the ability to use both hands, isolate fingers for function, cognitive readiness and interest.

- **Dressing toys on the market**

- Dress-up with oversized clothes having large buttons and loose button hole

- Develop hand mechanics for manipulation

**BUTTON FLAPPER:** You need:
- Flimsy lid (cool whip tub)
- Poker chips
- Cut smaller slit than size of poker chip
One hand pushes disc, while other hand pulls disc

**BUTTON BAGGIE:** You need:
- old polo style shirt button placket or piece of felt
- large buttons
- sewing machine
- Sew around edges to create pouch
Place materials inside “baggie” and have child unbutton to obtain materials

**BUTTON CHAIN:** You need:
- Grograin ribbon
- Button
Cut fabric squares. Sew button hole. Sew button at each end of ribbon.

- **Language - use simple concise words**

<table>
<thead>
<tr>
<th>Squeeze button</th>
<th>put thumb in hole</th>
<th>put button in hole</th>
<th>push button through hole</th>
<th>pull button out hole</th>
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</thead>
</table>

Language for visually impaired child to provide location:
Squeeze button with one hand ○ other hand - thumb in hole keeps place ○ using thumb push button through hole ○ other hand pulls button

Evidence Based Research:


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