Sensory Checklist

CODING: S- Sensory seeking patterns

N - normal response/not observed A - Avoidance patterns

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TOUCH PROCESSING	S	N	Α
Washing hands			
Paint/glue on hands			
Exploration of dirt, sand,, rice, etc			
Being touched on body			
Hugs and cuddling			
Shoes on/off			
Clothing tight/loose			
Walking barefoot			
Food on face/hands			
Rub spot after being touched			

PROPRIOCEPTION PROCESSING	S	N	Α
Grading strength			
Climbs, jumps, crashes, pushes			
Eyes covered			
Opening/carrying items			
Risk taking activities			
Bumping into walls /furniture/people			
Toe walks			
Hangs on furniture/people			

VISUAL PROCESSING	S	N	Α
Finding objects in basket or on shelf			
Florescent lighting			
Dark or dimly lit			
Bright light or sunshine			
Busy place (cafeteria, assembly)			
Discrimination colors, shapes, size			
Viewing spinning, round or shiny objects			
Eye hand coordination			
Covers eyes or squints			

HEARING PROCESSING	S	N	Α
Loud sounds			
Background noise (fan /hum lights)			
High/low range sounds			
Noisy place (cafeteria/assembly)			
Music or movie sound level			
Humming/self talk			
Response to conversation			

MOVEMENT PROCESSING	S	N	Α
Riding in bus			
Stairs, slides, ladders			
Swings			
Spinning			
Somersaults/upside down			
Facilitated movement			
Surface changes (carpet, grass, mulch)			
Elevated surface – top of slide			
Displaced or uneven (rockerboard, ball)			
Ability to sit in one place			

ORAL PROCESSING	S	N	Α
Trying new foods			
Texture - Crunchy foods			
Texture -Creamy or smooth foods			
Texture-chewy food			
Cold food/drinks			
Hot/food drinks			
Strong flavored foods (salty, spicy, sweet, sour)			
Licks inedible objects/people			
Mouths tools/toys/hands			
Chews on shirt, toys			
Gag pattern			
Drools			

SMELL PROCESSING	S	N	Α
Smells unfamiliar things			
Smells food before tasting			
Smells inedible objects			
Strong odors (paint, marker, cleaner)			
Smells peoples			

Comments about	ROUTINE
Transitions	
Task initiation	
Frustration	
Tantrums	

Amanda Letsos, OTR 11-12

